



Ask the Right Questions

I have risk factors for osteoporosis, but my DXA scan was normal. Should I still be concerned?

A normal bone density result does not always mean your bones are healthy. Some people may still be at increased fracture risk because of other risk factors or underlying conditions.



Questions to Ask Your Doctor

☐ Does a normal DXA scan mean I do not have osteoporosis?

Your Notes:

☐ Am I still at risk of fractures?

Your Notes:

☐ Should my fracture risk be assessed using other tools?

Your Notes:

☐ Are there additional tests I should have?

Your Notes:

☐ How often should my bone health be reviewed?

Your Notes:



ADDITIONAL NOTES